

Elkhart Area A. A. Share Guide

Volume 6

Issue: Autumn 2024

Editor: Sandra C.

Elkhart Central Service Office - 949 ½ Middlebury St., Elkhart IN

Open Monday to Friday 5 p.m. - 7 p.m. Office Mgr. Jim D.

Phone: 574-295-8188 Answering Service available 24/7 email:elkhartcso@gmail.com

Who Says There Are No Musts?

By Sandy C.

Every time I hear someone say there are no 'musts' in this program, I want to reach out and not so gently 'touch' them. The BB says 'our book is meant to be suggestive only' page 164, but *anyone* who has worked this program by getting a sponsor, going to meetings, working the Steps and has also reached the point of *not picking up the first drink*; knows that there are certain things they HAD TO DO.

Here are some MUSTS to consider from the first 164 pages of the Big Book:

1. There *must* be no reservations of any kind ...page 33
2. His defense *must* come from a Higher Power...page 43
3. We *must* find a spiritual basis of life – or else...page 44
4. Above everything, we alcoholics *must* be rid of this selfishness...page 62
5. We *must* or it kills us!...page 62
6. We saw that these resentments *must* be mastered...page 66
7. We *must* be willing to make amends...page 69
8. We *must* be entirely honest with somebody...page 73
9. The rule is we *must* be hard on our self...page 74
10. We *must* lose our fear...page 78
11. We *must* not shrink at anything...page 79
12. Certainly he *must* keep sober...page 82
13. These are thoughts which *must* go with us constantly...page 85
14. We *must* go further and that means more action...page 85
15. We *must* be careful not to drift into worry, remorse or morbid reflection...page 86
16. Faith *must* be accompanied by self sacrifice and...action...page 93
17. *Must* decide for himself whether he wants to go on...page 95
18. *Must* walk day by day in the path of spiritual progress...page 100
19. Sometimes you *must* start life anew...page 114
20. He *must* undergo a change of heart...page 143
21. He knows he *must* be honest if he would live at all...page 146
22. I *must* get along without liquor...page 152
23. Havens for those who *must* find a way out...page 153
24. Saw that they *must* keep spiritually active...page 156
25. They knew they *must* help other alcoholics if they would remain sober...page 159
26. You *must* remember that your real reliance is always upon Him. He will show you how to create the fellowship you crave...page 164

Sobriety Birthdays

Jerry R. - Dec. 28, 2006

September – December

Anita B. - Sept. 5, 1985 – Bristol
Tom G. - Sept. 8, 1983 – St. Thomas
Sergio V. - Sept. 10, 2022
Tom S. - Sept. 16, 1991 – St. Thomas
Shari M. - Oct. 2, 2002 – St. Thomas
Doug K. - Oct. 8, 1994 – Osceola
Melissa C. - Oct. 10, 2018 – Sunshine
Tom D. - Oct. 12, 2005 – St. Thomas
Shana D. - Oct. 13, 1980
Anne H. - Oct. 23, 2017 – Sunrise
Joe L. - Oct. 24, 2019 – Sunshine
Chris L. - Oct. 26, 2021
John D. - Nov. 1, 1982 – New Hope
Tamie M. - Nov. 6, 2009 – Sunshine
Anne F. - Nov. 10, 2008 – Sunrise
Shawn S. - Nov. 11, 2012 – Steppin Up Step
Chris M. - Nov. 15, 2022
Dale S. - Nov. 23, 2021
Kevin W. - Nov. 27, 2006 – St. Thomas
Tony M. - Dec. 1, 1997 – Steppin Up Step
Mark M. - Dec. 1, 2000 – St. Thomas
Keith Z. - Dec. 7, 2014
Dustin M. - Dec. 8, 2022 – Sunshine
Steve C. - Dec. 12, 1984 – Sunrise
Kyra J. - Dec. 16, 2017 – Sunshine
Dave W. - Dec. 18, 1993
Ron T. - Dec. 25, 1995 – St. Thomas
Ted G. - Dec. 26, 2020

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

1. Line up extra A.A. Activities
2. Host A.A. friends & newcomers
3. Use your A.A. phone numbers
4. Find the A.A. Holiday parties
5. Skip any party you are nervous about
6. Keep candy in your pocket
7. Don't think you have to stay late
8. Worship in your own way
9. Don't sit around brooding
10. Don't get worked up over holiday temptations, take it one day at a time
11. Enjoy the true beauty of holiday joy
12. Practice the 12th Step!

Courtesy of Box 4-5-9 Winter 2014 for this list!

What's Going On

Thanksgiving Day @ Serenity Hall. The Hall will open at 9 a.m. Close after the 7 p.m. 'As Bill Sees It' meeting. Lunch @ 1:15 p.m. Bring a dish. Volunteers needed.

Dec. 9 – 6 p.m. St. Thomas Group Christmas Carry In Dinner. Speaker Elena C. @ 7 p.m. 405 W. Beardsley Ave. Elkhart. Meat & drinks provided. Bring a dish to share.